



START NOW JOURNEY

CHANGE FOR THE BETTER



MBUZZ Consulting & Coaching

Moira Buzzolani



I AM

The Founder of MBUZZ Consulting & Coaching.

I am a creative spirit with a practical mind. I like to create connections, mix ideas, make things happen. I define myself as "a catalyst for change" and I love to support people going through transformation: This is my passion and my job!

Maira Buzzolani





START NOW JOURNEY

A program to transform your life and your career
#changeformthebetter

Questions for you:

1. DO YOU WANT HAVE MORE CLARITY?
2. DO YOU WANT TO FEEL BETTER?
3. DO YOU WANT TO LEARN NEW TOOLS THAT CAN HELP YOU TAKING BETTER DECISIONS?
4. DO YOU WANT TO CHANGE FOR THE BETTER?

Start now!

This journey is for you if:

- You are going through difficult times, and you want to gain more clarity
- You are feeling stuck, and you do not know exactly what to do
- You want to change something, but you do not know how
- You feel alone in that journey, and you need a buddy to get there
- You do not know how to manage challenges that feel too big

Ready for a
Start Now-
Journey with
me?





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After 4 weeks you will receive:

- Increased clarity
- Enhanced confidence
- A profound sense of being in control of your life
- New tools for individual use, aiding you during challenging moments
- Opportunity for follow-up meetings to assess your progress
- Support and motivation to foster positive change

How does it work?

- I will personally guide you step by step during your journey
- We will meet twice per week for 4 weeks (8 sessions in total)
- Sessions will be conducted in very small groups
- One session will be held on Monday (5:30-7:30 PM CET) and a check-in session will be held on Friday (5:30-6:30 PM CET)

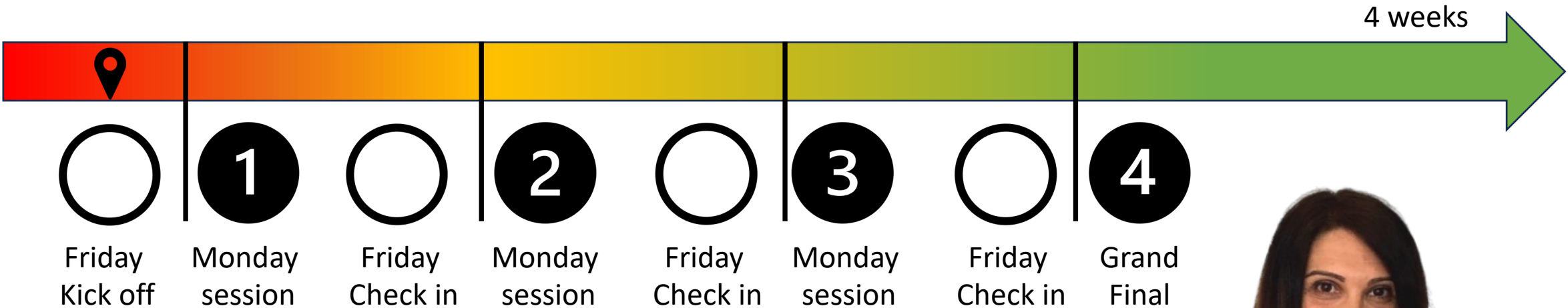
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Kick off & Mondays (2 hours-session) 5:30-7:30 PM CET
Fridays (1 hour-session) 5:30-6:30 PM CET
From May, 11th to June, 3rd 2024



START NOW JOURNEY

Calendar
Spring 2024

- **SESSION 1 WEEK 0**
 - Friday 10 May 2024 - Kick off and Introduction
- **SESSION 2 WEEK 1**
 - Monday 13 May 2024 TOOLS OF THE WEEK
 - Friday 17 May 2024 CHECK IN
- **SESSION 3 WEEK 2**
 - Monday 20 May 2024 TOOLS OF THE WEEK
 - Friday 24 May 2024 CHECK IN
- **SESSION 4 WEEK 3**
 - Monday 27 May 2024 TOOLS OF THE WEEK
 - Friday 31 May 2024 CHECK IN
- **SESSION 5 WEEK 4**
 - Monday 3 June 2024 - Grand Final





DO YOU WANT TO KNOW MORE?

Write to: moira.buzzolani@gmail.com



TO ENROLL PLEASE WRITE IN SUBJECT "ENROLL FOR START NOW JOURNEY"

CHANGE.CREATE.TRANSFORM.
#CHANGEFORTHEBETTER

Moira Buzzolani

